About *CERT*...

The Federal Emergency Management Agency, using the model created by the Los Angles City Fire Department, began promoting nationwide use of the Community Emergency Response Team (CERT) concept in 1994. Since then, CERT's have been established in hundreds of communities.

CERT training promotes a partnering effort between emergency services and the people that they serve. The goal is for emergency personnel to train members of neighborhoods, community organizations, or workplaces in basic response skills. CERT members are then integrated into the emergency response capability for their area.

If a disastrous event overwhelms or delays the County's first responders, *CERT* members can assist their neighbors by applying the basic response and organizational skills that they learned during training. These skills can help save and sustain lives following a disaster until help arrives. *CERT* skills also apply to daily emergencies.

CERT members maintain and refine their skills by participating in exercises and activities. They can attend supplemental training opportunities offered by York County Department of Fire & Life Safety that further their skills base. Finally, CERT members can volunteer for projects that improve community emergency preparedness.

CERT training will teach participants to:

- Describe the types of hazards most likely to affect their homes and neighborhood.
- 2. Describe the function of *CERT* and their roles in immediate response.
- 3. Take steps to prepare themselves for a disaster.
- Identify and reduce potential fire hazards in their homes and workplaces.
- Work as a team to apply basic fire suppression strategies, resources, and safety measures to extinguish a burning liquid.
- 6. Apply techniques for opening airways, controlling bleeding, and treating shock.



Fire Suppression



Triage practice

- 7. Conduct triage under simulated conditions.
- 8. Perform head-to-toe assessments.
- 9. Select and set up treatment area.
- Employ basic treatments for various wounds.
- 11. Identify planning and size-up requirements for potential search and rescue situations.
- 12. Describe the most common techniques for searching a structure.
- Use safe techniques for debris removal and victim extrication.
- 14. Describe ways to protect rescuers during search and rescue.
- 15. Identify actions to take following a suspected terrorism event

CERT training is designed to cover the following:

Session I: Disaster Preparedness

Session II: Fire Suppression

Session III: Disaster Medical

Operations-Triage and Treating Life Threatening

Injuries

Session IV: Disaster Medical

Operations-Assessment, Treatment, and Hygiene

Session V: Light Search and Rescue

Session VI: Terrorism and CERT

Session VII: CERT Organization/

Disaster Psychology

Session VIII: Final Exercise/Graduation

Each session requires about 3 hours to complete



CERT graduate

For more information contact:

York County Department of Fire & Life Safety Office of Emergency Management

> Hours: Monday through Friday 8:15 – 5:00

Phone # (757) 890-3600

Mailing address: P.O. Box 532 Yorktown, VA 23690





YORK COUNTY COMMUNITY EMERGENCY RESPONSE TEAM



Volunteer Training for Local Community Preparedness

Sponsored by:
York County Department of
Fire & Life Safety